

# Heartland Faithful Walk to Emmaus

## Candidate Walk Application

Walk Location Gene Eppley Camp

2010 Scheduled Walks

Men's Walk Date: 9/23 - 9/26/10

Women's Walk Date: 9/30 - 10/3/10

### Applicant Information

Please Print Clearly

This is only an application. You will be notified by mail that you are assigned to a weekend. All information will be kept confidential.

At times there is a waiting list of people wanting to attend a walk. Tell your sponsor as soon as possible if a conflict would prevent you from attending.

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Preferred First Name \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

Sponsor's Name \_\_\_\_\_

### Publication Release

By submitting this application, I agree that Heartland Faithful Walk to Emmaus may publish the information above in a community newsletter, the weekend brochure, and other Heartland Faithful Emmaus publications.

OR I prefer my information **not** be published \_\_\_\_\_ initial here to not publish info. Ask your sponsor why we would like to publish.

Occupation \_\_\_\_\_ Business Phone \_\_\_\_\_

Age \_\_\_\_\_ Single  Divorced  Widowed  Married  Spouse Name \_\_\_\_\_

If married, has your spouse attended a Walk? \_\_\_\_\_ If yes, location and year of Walk \_\_\_\_\_

### Health Information (Please provide additional information on separate sheet.)

Special needs (Dietary, medications taken, medical problems, food allergies, other concerns) Yes  No

If yes please explain: \_\_\_\_\_

Physical impairments such as hearing, vision, climbing stairs? Yes  No

If yes please list: \_\_\_\_\_

Please list any other special needs \_\_\_\_\_

Emergency Contact Person (not sponsor or spouse) \_\_\_\_\_ Phone # \_\_\_\_\_

### Preparation and Costs

Has the Walk to Emmaus been fully explained to you? \_\_\_\_\_ Ask your sponsor to help you get this information.

Have the post-Walk 4<sup>th</sup> Day activities been explained to you? \_\_\_\_\_

The weekend begins on Thursday at 7:00 PM and ends Sunday evening. You will live and study with other *Pilgrims on the road to Emmaus*. You will also sing, worship and pray. You will have the opportunity to participate in the daily celebration of Holy Communion to understand more fully the presence of Christ and to experience God's grace personally through the acts of a loving community.

Explain briefly why you wish to attend the Walk to Emmaus \_\_\_\_\_

**Walk Fees:** Please enclose a **\$20.00 deposit** with this application. Checks should be payable to **Heartland Faithful Walk to Emmaus**. The deposit will be applied to the **\$120** fee which partially covers the cost of the walk. You may use the deposit for any Heartland Faithful Walk within 24 months. **The remaining \$100 is due no later than two weeks before the Men's Walk.** Talk to your sponsor if you will need a scholarship to reduce the fee for your walk.

### Candidate and Candidate's Pastor Signatures

Candidate's Signature \_\_\_\_\_ Date \_\_\_\_\_

Pastor's Signature \_\_\_\_\_ Church \_\_\_\_\_

Pastor's Mailing Address \_\_\_\_\_ Phone \_\_\_\_\_

~ READ ABOUT EMMAUS ON REVERSE SIDE ~

# Heartland Faithful Walk to Emmaus

## The Walk to Emmaus

### A Journey with Christ

The Gospel of St. Luke relates the story of the risen Christ appearing to two who were going along the road from Jerusalem to Emmaus. Two friends were walking together, sharing their hearts' deepest concerns. The risen Christ joined them and explained the scriptures as they walked; how it was ordained that Christ should suffer and so enter his glory. This experience on the road was a heartwarming experience as the risen Christ walked and talked with them. The two had their eyes opened and they recognized him as the risen Christ and they rushed back to Jerusalem to tell the others. (Luke 24:13-35)

### What is The Walk to Emmaus?

The above story provides the image for Emmaus, an Upper Room program that calls forth and renews Christian discipleship. Like its predecessor, Cursillo de Cristiandad (Spanish for "short course in Christianity"), the Walk to Emmaus is a three day experience that takes a New Testament look at Christianity as a lifestyle. It is a highly structured weekend designed to strengthen and renew the faith of Christian people, and through them their families, congregations and the whole world in which they live. Emmaus is a combined effort of laity and clergy toward the renewal of the Church.

### What Happens At Emmaus?

The **Walk to Emmaus** is a 72 hour experience. The weekend begins on Thursday evening and ends Sunday evening. At Emmaus you will spend three busy, but very enjoyable days, usually at a retreat center. You will live and study together in singing, prayer, worship, and discussion. You will discover how grace is real in your life, and how you can live in the life of grace, bringing grace to others. You will have the opportunity to participate in the daily celebration of Holy Communion, and to begin to understand more fully the presence of Christ in his body of believers. You will experience God's grace personally through the prayers and acts of service of a loving support community.

### What Happens After Emmaus?

One of the primary strengths of Emmaus is the follow up. Your weekend lasts only three days, but you are invited to build on it for the rest of your life. Those who attend a "Walk to Emmaus" are encouraged to do two things following their weekend:

- 1) Expand your spiritual life through study and congregational participation.
- 2) Become more active Disciples of Christ in the world through their churches.

To nurture this process of discipleship, the Emmaus movement offers specific opportunities. First, group reunions of four to six people meet to reflect on their quest for spiritual growth and encourage one another in discipleship. Second, there will be Emmaus community gatherings. All people in a particular Emmaus community or area are invited for fellowship, worship, and informal instruction. Third, through a newsletter, members become aware of support needs for upcoming Walks to Emmaus and there are opportunities to work during future weekends in a variety of ways.

### History of Emmaus

Originating in Spain in the late 1940's, Cursillo moved to America in the late 1950's. It was primarily a Roman Catholic movement until the 1970's. As Catholic centers started accepting applications from Protestants, efforts began among some groups to make the Cursillo experience available to all Protestants. In the late 1970's the Upper Room (a unit of the Board of Discipleship of the United Methodist Church) formed The Upper Room Cursillo Community in Nashville, Tennessee. In 1981, by mutual agreement between the National Secretariat of the Roman Catholic Cursillo movement and The Upper Room, the name of the Nashville Protestant community was changed to Emmaus. The Emmaus movement is ecumenical.

### Purpose of Emmaus

The focus of Emmaus is God as known in Jesus Christ and how that finds expression in the local church. The objective of Emmaus is to inspire, challenge, and equip local church members for Christian action in their homes, churches and places of work. Emmaus lifts up a way for our grace filled life to be lived and shared with others.

### Who Should Attend an Emmaus Walk?

Emmaus is for the development of Christian leaders who...

- ...have accepted Jesus Christ as their savior and desire a closer relationship with him;
- ...wish to strengthen their spiritual lives;
- ...may have unanswered questions about prayer, study and sharing their faith;
- ...understand that being a Christian involves responsibility;
- ...are willing to dedicate their everyday lives to God in an ongoing manner.

Emmaus is open to Christians of any denomination.

### Are You Interested?

We invite you to join in a refreshing weekend spent meeting Jesus as he comes to you through other Christians. Fill out the application form on the other side and give it to your sponsor. Your Walk with Jesus will take on a whole new meaning!

For more information on Walk to Emmaus: [www.upperroom.org/emmaus](http://www.upperroom.org/emmaus)

# Heartland Faithful Walk to Emmaus

Sponsor Information

Men's Walk Date: 9/23 - 9/26/10  
Women's Walk Date: 9/30 - 10/3/10

Candidate's Full Name \_\_\_\_\_

**Sponsor Information** **Please Print Clearly**

Sponsor Name Last \_\_\_\_\_ First \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Bus Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Church **you** attend \_\_\_\_\_ City / State / Phone \_\_\_\_\_

Your Walk # \_\_\_\_\_ Location \_\_\_\_\_ Date \_\_\_\_\_ Group Reunion Name \_\_\_\_\_

(If you are not in a group reunion, please make every effort to join one. This is an essential part of the Emmaus experience and accountability.)

I receive the community email announcements and prayer requests

I am not on the email list

**Candidate Preparation**

How long have you known this candidate? \_\_\_\_\_ Why do you feel this person would benefit by attending a Walk? \_\_\_\_\_

What characteristics does the candidate show that exhibit his/her commitment to Christ? \_\_\_\_\_

Is the candidate under any major stress that could be a negative influence in his/her experience on the Walk? \_\_\_\_\_

If so, please explain: \_\_\_\_\_

Will this candidate need scholarship assistance to defray the costs of the Walk? \_\_\_\_\_ How much? \_\_\_\_\_

Has the spouse attended a Walk?	<b>Yes</b>		<b>No</b>	
Have you discussed the Emmaus Walk with the candidate's spouse?	<b>Yes</b>		<b>No</b>	

If **NO**, please explain: \_\_\_\_\_

**Sponsor Responsibilities – Guidelines on the back of this form**

Sponsorship is the most important job in Emmaus. The quality of sponsorship influences the candidate, the health of the Emmaus movement and the Church. Although the Table Leaders will have close contact with the candidate during the Walk it is up to the sponsor to nurture the continuing development of 4th Day spirituality. This responsibility does not end after the Walk; it is a long-term commitment for the Sponsor! Your immediate duties include:

- Pray for your candidate - Assisting candidate's family during the Walk as needed.
- Provide transportation to the Emmaus site on Thursday evening - Taking back home on Sunday.
- Collect 8 - 12 short letters of encouragement from the candidate's family and friends.
- Explain to the candidate that no watches, cell phones, or computers are allowed at the Walk.
- Explain to the candidate that they will have no contact with family during the Walk except for emergencies.
- Attend Candlelight - Attend Closing - Introduce candidate to group reunion and/or community gatherings.
- Accompany or assist your sponsored new 4th day member to work at the next convenient Walk.
- The sponsor should bring Agape food to the Walk along with the candidate's favorite snacks.

As a sponsor, I say **Yes** to Christ - to fulfill my responsibilities in such a way that His grace and love are revealed to this candidate through my Christian action. My signature indicates my high calling to servanthood.

Please be sure to read the sponsor's guidelines on the reverse side.

**Mail Candidate Application, Sponsor Form, and \$20 Deposit to:**  
**Kristi Hicks, Heartland Faithful Registrar ~ 8716 S 97th Ave ~ La Vista, NE 68128**  
 Application(s) and final \$100 payment must be received no later than two (2) weeks prior to men's walk.

Sponsor's Signature: \_\_\_\_\_ Date \_\_\_\_\_

# Heartland Faithful Walk to Emmaus

## Sponsorship Guidelines

**When you have a prospective candidate in mind, follow these suggested guidelines.**

**Remember that the weekend is for those who have accepted Christ as their Savior and are active in a congregation. The Walk is not designed to fix someone's emotional or personal problems. It is not a psychology clinic, a consoling or counseling service, an escape from reality weekend, or a last resort to save someone.**

Please be sure that your candidate is cheerfully looking forward to a weekend of Christian companionship, worship, singing, prayer, and spiritual moments.

### **Pray for strength and guidance as you consider sponsoring a candidate**

Ask God for help in selecting candidates who are truly ready to attend a Walk. If you do not have a close personal relationship with someone you would like to sponsor, get to know them socially outside of church. Your candidate's actions and attitudes in a public environment will help you confirm their Christian commitment. Talk about your Emmaus spiritual experience when the time seems right without divulging details that would be a pleasant surprise on the candidate's Walk. Make an effort not to overload your candidate with your own enthusiasm which might hinder their desire to attend a Walk. Do not push your candidate into attending a Walk; let them decide on their own.

### **Make a formal appointment with your candidate**

Schedule enough time with your candidate to fully discuss the commitment for a three day Walk to Emmaus weekend. This is a serious meeting so arrange a place where the candidate will not be distracted by activities, children or phone interruptions. Explain to them the role you will play when they are attending a Walk. Answer any questions they may have about the application details and a general outline of the activities. Explain to the candidate about group reunions, community gatherings, serving their church and the scholarship program for those in need. If they are married be sure that the spouse can attend this meeting. Help them fill out the candidate application and obtain the **\$20.00** deposit. If someone else is sponsoring the spouse ask them to join you at this meeting. Remember that each spouse must fill out their own application and make their own deposit.

### **Pray for your candidate**

Focus your prayer on how your candidate can deepen their faith and become a bright beacon for Christ in this secular world. Remember, that many were praying for you before, during and after your Walk. Put this wonderful revelation to work for your candidate! Stay close to your candidate during the time before the Walk. This will ensure that the candidate stays enthused about attending and may help alleviate any doubts or jitters. Be sure to include the candidate's spouse in your prayers that they will be supportive and understanding. Continue to pray for your candidate after the Walk for spiritual strength, a deeper study of God's word and enthusiasm to sponsor a candidate of their own.

### **Equal spousal commitment**

If the candidate is married, approach both the candidate and spouse about attending a Walk. This is important because Emmaus can indirectly strengthen the spiritual bond in a marriage. Be sure that the spouse is supportive. We want to be sure the Walk to Emmaus does not cause division within a marriage

### **Continuing preparations**

Send in the candidate's application form (filled out and signed), your sponsorship form and the \$20.00 deposit. If the spouse is attending a concurrent weekend please try to send both applications together. At times there is a waiting list of people wanting to go on a Walk so get the applications in ASAP. Your candidate and you as their sponsor will get confirmation in the mail. If the candidate application form or your sponsorship form is not complete it will be sent back to you for further attention. This will only delay a Walk confirmation.

### **The Walk weekend**

It is very important that you personally attend the sponsor's hour at the Walk site. Candlelight services on Saturday night often can be the highlight of the weekend so **be there**. If the spouse has already been on a Walk make an effort to see that they attend. You must make every effort to attend 4th Day closing ceremonies to welcome your candidate into the Emmaus community. Arrange for transportation back to the candidate's home on Sunday evening.

### **Fourth Day**

Contact your candidate the first part of the week following their Pilgrim Walk. This is a good time to compare notes with them about the Emmaus experience and how it will help them build a stronger spiritual life. If it is convenient meet with them and pray together so that a new stronger bond will develop between the two of you. Be aware that your candidate will be "on top of the mountain" and may be concerned about slipping back into secular values that were discarded during their Walk weekend. Encourage them to go back to their church with a new, enthusiastic attitude to make it stronger through laity involvement.

### **Groups and gatherings**

Make sure your candidate attends a group reunion. Invite them to come to yours, or suggest other groups you are aware of. This is perhaps the most important aspect of remaining active in Emmaus. It is your responsibility to help your candidate find a suitable group. If there is a great distance to gatherings, help your candidate begin a group in their area.

### **New Emmaus member, new sponsor?**

Your candidate's spiritual enthusiasm is bound to spill over on their friends. One of the most frequently asked questions of new Emmaus members is "what has happened to you?" This is a perfect time for a new member to start working on sponsoring candidates of their own. Make sure that your candidate has all of the necessary paperwork, information and skills to be a sponsor. Offer your assistance!

**The responsibilities of sponsorship are great, but the rewards are priceless!**